

# Mission Nutrition: A Heart-Healthy LIFE

Complete Packet:  
\$10.00  
(Includes shipping and handling.)

Additional supplies also  
available. (See page 22  
of the program booklet  
for details.)

2008  
International  
Girls Clubs Week  
Program  
February 11-17, 2008



*... pursuing health and  
holiness for our physical,  
emotional, and spiritual heart*

**By Emily Stone**